Wakefield Children and Young People's Partnership



Children and Young People's Plan 2019-2022



FOREWORD FROM THE CHAIR

We are ambitious for our district's children and young people. Our vision is for children and young people to tell us they are happy, healthy and safe and thriving in communities where families and services work together to help them achieve their potential and dreams

It gives me great pleasure to welcome you to our new Children and Young People's Plan (CYPP) 2019-22.

We want to build on the strong progress we have made so far through our re-invigorated Children and Young People's Partnership Board (CYPPB) arrangements and the priorities it has focussed on over the past 12 months.

Our new 3 year plan sets out a number of mutually agreed partnership priorities to ensure that all agencies with a responsibility for children and young people work and plan together, and take a collective responsibility for improving their outcomes. This has been underpinned by an absolute focus on the voice and engagement of children and young people (CYP) and is illustrated by members of the Build Our Futures (BOF) group now attending the board.

This plan has been developed in partnership with all member agencies of the Wakefield CYPPB and children and young people who have also created a 'digital plan' setting out the priorities and highlighting the aspects that are most important to them.

We recognise that whilst we have made progress over the past 12 months there is still much more to do to address some of the challenges that children and young people face, however we also know that there are many strengths and assets that we can build on over the course of the next three years. As our Vision shows, we are very clear on the outcomes we want to achieve and combined with robust leadership and strong partner and CYP wide collaboration we will ensure that Wakefield is a great place for children and young people to live and grow up.

I would like to thank everyone who has helped to shape this plan and choose the priorities that we think will help to improve the lives of children, young people and families living in the Wakefield District. In particular I would like to say a special thank you to all the children and young people who have informed our plan.



Clir Margaret IsherwoodCabinet Member for Children and Young people

INTRODUCTION

In Wakefield, our services meet the needs of the majority of our children, young people and families that need them, but for some, this is not always the case. This plan builds on our 2018/19 one and aspires to further improve our service offer so that all children and young people enjoy their childhood and are able to achieve their full potential and thrive in all aspects of their lives as they grow.

We are committed to improving outcomes for Wakefield's children and young people, their families and their communities. It is our ambition to create a district, where children and young people's rights are respected and their voices are heard. We recognise that the delivery of these outcomes require excellent universal services that build resilience and provide important protective factors. We also recognise the need to deliver high quality child protection services for our most vulnerable children. We understand that this needs a strong commitment of all partners to work together effectively to secure the delivery of efficient, high quality and best value services.

To help deliver these outcomes, our CYPPB has a clear focus for what we want to achieve and the improvements we need to make to ensure positive outcomes are realised. Most importantly, we need to make sure that our strategies, plans, and resources all integrate around one direction of travel which reflects

the needs and the views of children, young people, families and all agencies involved. Therefore, this plan sets out the priority themes the board can and will collectively take forward over the next three years and acts as one key strand of the wider strategic framework across the partnership aligning and complementing other strategies and plans, which drive and influence services and inform commissioning such as the Health & Wellbeing Strategy, Early Help Strategy, Improvement Plan, Early Year Strategies, Local Transformation Plan for emotional and mental well-being and NHS Long Term Plan.

Our plan has been shaped by a number of key drivers both locally and nationally. We have used the performance and data intelligence at our disposal, such as our joint strategic needs analysis and our 2018-19 plan has facilitated discussion and consultation. The final priorities have each been subject to rigorous engagement and consultation activity both as part of their individual shaping and additionally to ensure they are the right areas to focus on through the Partnership Board.

Engagement has included;

- Partnership Planning Session April 2019: Reflecting on current priorities
- Build Our Futures (BOF) Summit May 2019: children, young people (over 120) and professionals coming together to hear what is important to CYP and how partners can act on this to ensure we meet their needs
- Outcome Based Accountability Session June 2019:
 Deep dive focus on each of the proposed priorities and how to ensure best outcomes achieved
- Children and Young People's Board CYP join the board to discuss the priorities and further develop them as well as the CYP beginning to develop a children friendly digital version of our plan
- Children First Hubs (CFH) Sought opinions from service users through group feedback both with parents and with the young people and the holiday clubs
- Consultation through various CYP groups BOF, Children in Care, Stripes, Youth Parliament, SEND groups, Young Carers groups, CFH's asked parent groups they worked with at the time

Further evidence of a shared partner wide commitment to making a positive difference to the lives of CYP is through all partners signing up to **Our Promise**. This is being driven forward by the Wakefield Together Executive to ensure that we;

- Make the voice of the child a central part of the way in which we design and deliver services
- Provide opportunities for children and young people to gain skills and experience, setting them up for a successful future
- → Support all children and young people to feel safe
- Acknowledge that emotional and physical wellbeing is an important aspect of a child's life
- Create foster and adoption friendly organisations

Our Principles

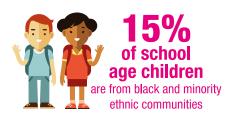
The Children and Young People's Partnership Board;

- Is committed to work together to deliver the jointly agreed ambitions for children and young people in Wakefield.
- Holds all partners to account for contributing towards the Children and Young People's Plan, and each individual partner ensures their own services are aligned to deliver the priorities in the Plan.
- Is committed to the active engagement of children, young people, parents and carers, and ensures that they are involved in the design, delivery and evaluation of services.
- Focuses upon early identification, intervention and prevention.
- Supports the further integration and joint commissioning of services to enhance coherence, increase efficiencies and ultimately to better meet the needs of children and young people.

Our Improvement Programme

Our Improvement Plan was developed to address practice issues and the recommendations identified by Ofsted following our Focused Visit in February 2018 and Inspection of Local Authority Children's Services Standard Inspection (ILACS) in June 2018. We have been working collaboratively, both strategically and operationally to ensure our respective organisations and services align individual service plans with these critical projects and carry out the actions needed to create a sustainable whole system of support for children, young people and families in Wakefield. There are a total of 35 projects within the Improvement Plan and strong progress has been achieved over the past 18 months enabling us to start transitioning the ongoing monitoring of these to relevant boards. Eight of these have been identified as appropriate to sit within the CYPPB who will ensure these remain high on the board agenda with members accountable for maintaining momentum.

ABOUT WAKEFIELD



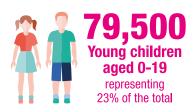
Wakefield has some of the highest rates of self-harm, particular at ages 15 to 19 and about 60% are girls.



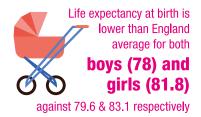
Fewer children are school ready than in other areas and although improving we are still in the lowest 25% of local authorities



Wakefield is the 64th most deprived district in England (out of 317 districts) and 54,200 people are living in neighbourhoods amongst the top 10% most deprived in England

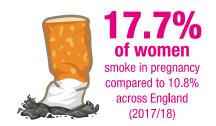


Attainment 8 score reflects good GCSE performance in key subjects, however we remain lower than England and Yorkshire and Humber (2017/18 was 43.5 against 46.7 in England)



Numbers of children admitted to hospital because of injury, both unintentional and deliberate, is very high. At ages 15-24 Wakefield has the highest

rate of admissions in England



Numbers of children in care stood at 569 in September 2019. CiC is also over-represented by boys (56%) and those from BAME communities (21%)



Wakefield has a much higher rate than England and regional averages for children admitted to hospital because of tooth decay



As at September 2019 there were 3460 children assessed by Social Care to be in need of services in Wakefield which represents 475 per 10,000 population, higher than England and our statistical neighbours

SOME OF THE ACHIEVEMENTS AGAINST OUR PRIORITIES IN THE LAST 12 MONTHS

Giving every child the best start in life

- Established Early Years Strategic Board to oversee priorities and projects and an Early Years' network, which supports joint working between professionals. The Strategic Board will drive forward Early Years as a strategic priority at highest level.
- Focus on improving our outcomes with regard to Good Level of Development. Indicative results for 2019 suggest that Wakefield has improved at a faster rate than the national average to 70.8% (national 71.8%), narrowing the gap by 1.5% from 2018. The gap between FSM and others nationally has closed by 4.2%.
- Phonics has also improved at a faster rate than national to 80.1% (national 81.9%), and has narrowed the gap considerably by 2.8% from 2018.
- Our health visiting service continues to perform strongly against the five visits that every child should receive in the first 2.5 years of life. Over 98% of all new babies in Wakefield received their 'new birth' visit in 2018/19, providing a vital opportunity for their health visitor to offer advice and start to build a relationship.

Early Help

- Launched the Wakefield Early Help website in July 2019, providing staff and families with an easier way to find sources of early help across the district. Amongst the features are a Directory of local services and support, a Children and Families Zone where they can find out more about the Children's First Hubs and Centres, and a Practitioner Zone.
- Launched the Early Help Register in February as a means of capturing district wide early help support being provided by partners to support our understanding of need and capacity across the district.
- Over 4600 families have been supported through our Think Family programme since its inception (a third of these have been from our most deprived areas.

Improve emotional and mental wellbeing of children and young people

- NHS England have formally stated that they are fully assured by the 2018-19 Children and Young People's Mental Health Local Transformation Plan
- In 2018-19, Wakefield achieved 42% against the NHS England target of 32% for access to an NHS commissioned emotional health and mental well-being service, which nationally means that out of 248 CCG's Wakefield was 27th for the access target. This access target has been achieved through the development of Future in Mind, through the programmes provided by the Community Navigators and Kooth, who provide group work and 1:1 sessions both face to face and via the website. In real terms this means that 2887 individual children and young people were seen for advice and intervention on at least 2 occasions.
- In June 2019, the local area was revisited by OFSTED and CQC in light of the Written Statement of Action (WSOA) in place since the 1st SEND inspection in 2017. The WSOA was in relation to the diagnosis pathway for Autistic Spectrum Disorder (ASD) At the revisit the local area was found to have made sufficient improvement (the highest comment that can be given). Wakefield redesigned the pathway with positive and active engagement from parents, carers and professionals across health, schools and WMDC. In June 2017, 614 CYP aged 0 to 14 were waiting for ASD assessments and average waiting time was almost two years. By June 2019, this had been drastically reduced to 57 aged 0 to 14 waiting for an ASD diagnostic assessment with a waiting time of no more than 26 weeks. Similar results have been achieved for those aged 14 and above. In June 2017, 72 young people were waiting for ASD assessments, with an average waiting time of 45 weeks. By June 2019, this was down to 55, with an average waiting time of 43 weeks.

Reduce the impact of child poverty

- Working with West Yorkshire Combined Authority on initiatives such as RE:BOOT, encouraging new skills in workforces.
- Promoting employment opportunities through use of apprenticeships, including a recent focus on care leavers.
- Core area of focus for Wakefield Together Executive.
- Community Led Local Development scheme underway in two of Wakefield's most deprived areas (South Elmsall & South Kirkby and Airedale). This scheme offers business start-up, employment, training and special support to move residents closer to the job market. There is also a pre-employment programme delivered by the economic growth service to support residents furthest from the job market.
- 'Step-Up' free Council service in Knottingley, supported by a caseworker, helping individuals find work, improve their skills or make a career change.
- Turning Point has a specialist employment support arm and has seen a 60% increase in people with depression accessing the service. Remploy also provide specialist employment support for people with mental health issues in Wakefield.
- Housing advice, including eviction proceedings as well as financial help for housing benefit, council tax support, discretionary housing payments, and interest free loans to help pay mortgage arrears (Mortgage Breathing Space).
- Money Smart Scheme that aims to help people reduce fuel bills and other costs, make their home warmer with home insulation and heating improvements, as well as supporting them with money management and paying bills.
- Our priority themes will ensure consideration is given to poverty and how we can support district wide attempts to tackle its negative impact on lives of children.

WAKEFIELD FAMILIES TOGETHER, NEW WAYS OF WORKING

New Ways of Working is Wakefield's response to addressing continuous service improvement through the implementation of a sustainable whole system partnership wide model of co-location and integration for early intervention, early help and children's social care.

This approach will help us to deliver our vision of an integrated 'Think Child, Think Parent, Think Family' approach where we have one conversation at the right time, in the right place with the right service.

New Ways of Working will help us to deliver on our **Early Help** area of focus. Our relentless focus on this priority will, overtime, enable Wakefield's integrated partnership to move from a resource intensive social care delivery model to an early intervention and early help approach. We will work with families at the earliest point possible as we build our practice with partners throughout the district in communities and through a team around the school model.

The CYPP has prioritised 3 further areas of focus;

- All children in Wakefield get the best start in life and are happy, healthy & safe
- All children and young people enjoy good emotional and mental wellbeing, are resilient and feel supported and safe in their communities
- Children and young people benefit from an inclusive education and are well prepared for their transition to adult life

We also recognise and want to be explicit about other areas that will remain intrinsically woven into our plan and the work of all partners. These cross-cutting themes are key to achieving positive outcomes for all of our priorities;

- Tackling and reducing child poverty and the far reaching negative impact it has on a child's life
- Active engagement and consultation to ensure the voice of the child remains central in all that we do
- Creating strong & diverse communities where children and young people can feel safe and thrive



New Ways of Working has five key strands of work that will help us to deliver on the priorities we have set out in this Strategy:

Service Design, Transformation & Integration

- aligning ourselves across the partnership in school cluster areas. We will bring together the partnership to set out which services form part of the core team and those that will provide additional support for specific identified needs and partnership priorities. This strand will set out how partners will work together to ensure a successful integration model is adopted which is underpinned by a joined up practice, procedures and policies.

Service Co-Design, helping us to shape the service of the future - learning from staff, partners, families, carers and young people's experience of services. We will work together to understand what works, what needs to be improved and where the gaps are in service delivery. This strand will lead on communication to ensure we have a consistent and coherent information exchange process in place that will help to cascade updates and seek feedback as we progress and embed New Ways of Working.

Integrated Learning & Development - Connecting

Practice a value-based whole-system practice approach. This strand will support practitioners across the partnership to work together using strength based and restorative approaches, underpinned by professional curiosity, trauma informed practice with an understanding of rights, risk and resilience with children, young people, families and carers.

Learning and Development will be planned to enable practitioners to work 'with' families using the right levels of challenge and support to help them find their own solutions, solve problems themselves and create change, without having to refer to services to create this.

Business Change, IT Systems & Performance

- Creating change through shared access to case recording system and data. This strand will create protocols, processes and systems that remove barriers to practice.

Logistics - Developing the right environment that works for staff and families. This strand will work with the public estate and community assets to identify and secure accommodation in the communities that we work with across the district that provide a base, touch down space and allow us to work more closely with schools.

Integrating with partners in bases that support back office functions and where this are front facing open, inviting spaces for families to access, use the facilities and meet with us to provide support as an individual or as a family network.

This approach, closely aligned to that of all key partner agencies will underpin much of the work we do with children, young people and families through a greater collaborative working model that will positively impact upon both the priorities identified within this plan as well as wider work and service provision.



PRIORITY AREA: WAKEFIELD FAMILIES TOGETHER, EARLY HELP AND INTERVENTION

Why this is important

How we transform our Early Intervention and Early Help offer is central to the success of Wakefield Families Together. We want to ensure that children and young people grow up in a safe, secure environment, both in and outside their home. This is why we will cluster ourselves in six locality areas around the district close to where children live. We will work with the whole of the partnership to align ourselves most closely to the places and people where children and young people spend most of their time which will mean that alignment will be with schools and early years settings as well as communities that children and young people attend.

To achieve these goals, we know we must listen to and support children and young people to help shape our services if we are to provide the right service, at the right time in the right place to make a real impact on children and young people's lives at the earliest point, not just in times of crisis. We also recognise that it is not just the range and reach of services that is important, but also the way in which we work together to deliver them, that is why we will work using restorative approaches through Wakefield Families Together as we integrate with partner agencies to provide multi-disciplinary teams where our work with families is joined up using the Connecting Practice model.

Too many children are facing challenges or disadvantages that can affect their development and threaten their life chances, health and happiness. Whilst early help cannot solve all of these problems, it can substantially improve children's lives if it is delivered to a high standard to the children or families who need it most.

Research is consistent in underlining the negative impact on children of delaying intervention. The actions taken by professionals to meet the needs of these children as early as possible can be critical to their future. We know that if we work together to identify the needs to children, young people and their families as soon as possible and take swift action to address these needs we can prevent problems developing, getting worse or becoming entrenched.

Where are we now?

Wakefield's Early Help Offer puts the responsibility on all professionals from across the partnership to identify emerging concerns and potential unmet needs for individual children and families irrespective of whether they are providing services to children or adults.

Currently over 50% of referrals made to Early Help MASH by partners each month do not require targeted support from the CFH. Work is ongoing through the CFH Offer to the support partners with the early identification and assessment of support needs for children and families, this includes the inclusion of an early help response within MASH, the recruitment of Universal

Early Help Practitioners and identified Single Points of Contact with some agencies. A network of Early Help Champions has been developed across the district to support the ongoing work of both the CFH's and partner agencies in supporting children and families.

Recording systems, such as the Early Help Register, have been developed in order to gain a greater understanding of early help needs across the partnership and assess the capacity to meet these needs across the Wakefield district.

An Early Help website has been developed, and is continually being added to and improved, to enable families to access information and support for themselves and early help professionals to access resources. The website also contains an Early Help Directory which provides details of agencies who provide EH support.

Consultation has taken place with children, young people, families and partners to begin to understand their early help needs and how they would like to access support. This consultation is ongoing as we continue to refine and target our offer to best meet need.

What we are planning to do?

- Further develop our offer for teenagers, making it broader to include young people deemed to be on the edge of care
- Enhance our targeted youth support offer for teenagers
- Provide stronger analysis of need and capacity within the system, below children's social care, to inform commissioning developments and service intentions
- Further develop a partnership offer and co-ordination of services including Local Conversations / Multi-Disciplinary Team Meetings (Future In Mind model)
- We want to build a strong team around the school enabling us to work more effectively in supporting children and young people who need it and to provide the best wraparound prevention and early intervention based service
- Identify more Young Carers by introducing an additional lead practitioner post within CFH structure, funded by the CCG, with responsibility for supporting the identification, assessment and support needs of Young Carers across the district
- Develop Think Family / whole family working within partner agencies including adult services
- Support the development of CFH's and partnership offer linked to the Learning Academy and to extend the Domestic Abuse and Parenting offer

- Undertake a review of referral pathways into Early Help / CFH to ensure a seamless service for children and families
- Improve links with School Exclusion and Education Welfare Services

How will we know we've made a difference?

We will know that we are making a difference when we have co-located integrated services where:

- Families tell their story once
- Family plans are co-developed with the parents and their support network which they understand, own and lead on
- The child or young person's is heard and their voice acted on to improve their everyday lived experience
- We use a consistent practice framework that encourages strength based practice and use of restorative conversations in our work with families and with each other.
- Coherent and co-ordinated systems are in place which use the right language and support professionals to understand the risks when making decisions.
- We become a learning organisation with the capacity for reflection which leads to practice improvement

 We provide a partnership response that supports more effective early identification and intervention resulting in a reduction in the numbers of children and young people being referred to our front door in need of social care intervention

Key indicators that will help assure the CYPPB of progress are;

- Re-referrals to children's Social Care
- Re-referrals to CFH's
- Contacts to MASH that do not meet the threshold for allocation to a service provision
- Percentage of children and young people report feeling better against various perception based measure such as those in the health related behaviour survey

PRIORITY AREA: ALL CHILDREN IN WAKEFIELD GET THE BEST START IN LIFE AND ARE HAPPY, HEALTHY AND SAFE

Why this is important

It is very clear that children's experiences in the earliest years of life, from pregnancy, have a profound impact on their health and wellbeing in adulthood. This is a core focus for the Health and Wellbeing Board and the CYPPB will continue to act on its behalf to drive forward work in ensuring we can provide children with the best start in life.

In the first two years of life children's brains are making new connections at an estimated rate of 1 million per second and approximately 80% of brain development has taken place by age 3. We have a unique opportunity to support families and communities in making the most of this amazing potential. We know that failure to get this right can have a profound impact in adult life. To take only a few different examples:

- Poor speech and language development when children enter school at 5 does not only affect academic achievement but increases their risk of behaviour difficulties in school, and mental health problems and unemployment in adulthood.
- Development gaps between disadvantaged children and their peers is currently pronounced in early language.
- The health of women during pregnancy and even before conception has a profound impact on the future health of their baby. Smoking in pregnancy carries an increased risk of stillbirth and babies with low birthweights. We increasingly understand that if

a mother is overweight during her pregnancy, there is an increased risk of her child being overweight or obese in later life.

 Trauma and difficult experiences in childhood, often referred to as ACEs (adverse childhood experiences) carry risks to mental and physical health right into adult life. A large-scale study in Wales demonstrated that adults who had experienced more than 4 ACEs are 4 times more likely to become a high risk drinker, 14-15 times as likely to have committed violence or been a victim of it, and 20 times more likely to have been imprisoned at any point in their life.

Supporting families and communities in the earliest years of children's lives will reap huge benefits. We need to invest in supporting early speech and language development, helping parents to enjoy shared play, talk and reading.

The single strongest protective factor where children have adverse experiences is a consistent relationship with a trusted adult. We need to support families and communities to make this possible for all children.

We also need to help women and their partners to be as healthy as possible during their pregnancy and, where possible, to think about healthy choices before planning a pregnancy and provide support to new parents in making the emotional transition to parenthood.

Where are we now?

A key indicator of how well we are supporting children in the early years of life is the proportion of children who have a 'good level of development' on entering school at age 5.

In Wakefield the overall proportion of children reaching a 'good' level of development remains slightly below regional and national averages, however, much more concerning are the inequalities in development between different groups of children. Within Wakefield, under half of all children eligible for free school meals reach a good level of development, compared to 72.2% for all other children.

The physical health and wellbeing of our youngest children is also of concern and nearly a quarter of children entering reception in 2019 were overweight or obese. Each year, we also see higher numbers of children under 5 who are admitted to hospital because of severe tooth decay.

While we have been successful in consistently reducing the number of women who smoke in pregnancy across the district we remain far higher than the national average. This picture is even starker in the more deprived areas of Wakefield. The number of mums who are overweight during pregnancy is of increasing concern, with over half of women being overweight or obese when they book antenatal care. Breastfeeding rates are also amongst the lowest in the country and this is a concern because of the health benefits that breastfeeding can have on both mother and baby.

Less than a third of mums under 20 start breastfeeding their baby compared to 60% for those over 30 years old.

We know that if a family is struggling financially, it becomes much harder for them to offer children the opportunities they deserve in the early years, or to provide healthy food and opportunities for physical activity. Over a quarter of children under 16 are estimated to be living in poverty in Wakefield District and these figures are even higher in more deprived areas.

What we are planning to do?

Our newly formed Early Years Strategic Board will develop and drive forward key strategic initiatives. The first priority for the Board is to deliver a partner wide strategy to support children's speech and language development in the earliest years. We anticipate that this will bring incremental improvements over the next 3 years in the number of children who have a 'good level of development' at reception entry, and will reduce the inequality for children in receipt of free school meals.

We will continue to develop and support initiatives to improve the health of women in pregnancy, such as the very successful specialist Stop Smoking midwife. We will explore the potential of similar approaches to excess weight and to drinking alcohol during pregnancy.

Working with Wakefield Council's existing initiatives on poverty, we will develop initiatives that maximise families' disposable income and improve the quality of life for families on a low income. This will include financial advice and inclusion projects and working with

partners such as Cash Wise (WDH). Additionally we want to support families to access support to help them get back into employment, education or training to help get them out of poverty.

Our health visiting services, CFH's, libraries, nurseries, schools, health improvement teams and VCS organisations will continue to work together to provide an excellent universal offer to early year's children, and to offer early intervention for families with young children who need extra support. We will also continue to provide and develop a range of opportunities for families with very young children to enjoy physical activity in the District.

We plan a significant roll-out of the Imagination Library in the north-east of Wakefield in 2020, providing free monthly books to every child under 5. During the lifetime of this Plan we hope to be able to roll the initiative out to the whole of Wakefield District.

We will look at improving the referral pathways for WDH tenants who have just become parents and may be in need of some additional financial support from the team. Close partner working will facilitate this through the involvement of midwives and health visitors.

How will we know we've made a difference?

The Early Years Strategic Board has agreed a 'dashboard' of 10 high-level indicators, which provide a snapshot of health, well-being and development for the District's youngest children. These indicators will be regularly reviewed by the Board and will provide an understanding of our direction of travel.

Key indicators that will help assure the CYPPB of progress are;

- More 2, 3, & 4 year olds benefitting from free early education places through better awareness of this offer and supporting parents and carers to enable their children to attend
- % pupils achieving a good level of development at foundation stage is improved and at or better than our statistical neighbours and the England average
- % of Children who achieve at least the expected level of development for communication and language, literacy and numeracy

In addition, we will continue to monitor performance indicators for the different services and initiatives that we expect to contribute to progress at a higher level. These will be considered by the Partnership Board as appropriate.

PRIORITY AREA: ALL CHILDREN AND YOUNG PEOPLE ENJOY GOOD EMOTIONAL AND MENTAL WELL-BEING, ARE RESILIENT AND FEEL SUPPORTED AND SAFE IN THEIR COMMUNITIES

Why this is important

The national picture from NHS England is that over the last four years we have seen continued national improvement across CYP mental health care. We now have 23% more staff working in the NHS and 17% more staff across the entire workforce - so across the NHS, voluntary sector and children's services. Close to 380,000 CYP were treated through NHS community mental health services in 2018/19 compared to 324,724 in 2017/18 (an increase of 16.4%). Although these figures are very pleasing, there is still considerable local variation.

Children and young people's emotional and mental health are key within the NHS Long term plan which identifies that mental health problems often develop early in a child's life but that prompt access to appropriate support enables children and young people experiencing difficulties to maximise their prospects for a healthy and happy life.

The emotional and mental well-being of children in Wakefield is identified as a priority through the national strategy but more importantly through the local information the CCG and its partners have regarding the services we currently commission and the messages we receive from children, young people, families and professionals. These messages through events such as the Mental Health summit held in Sept 2018, Build Our Futures summit in May 2019 and the ongoing engagement with young people through Young HealthWatch gives a picture of fragmented services, long waiting times and young people who do not know where to go to get help. Alongside this the CCG has data from providers on the numbers of referrals to services and the waiting times.

Wakefield is using the learning from the THRIVE model and research to develop local services, within the refreshed Future In Mind Local Transformation Plan. THRIVE emphasise the need for early intervention for children and young people and also recognises that children and young people are at greater risk of developing mental health difficulties if they experience;

- Poverty and social inequality
- Trauma and Maltreatment
- Social isolation and bullying

THRIVE promotes system-wide resilience and multiagency proactive 'advice' and 'help' which echoes the work of Early Help and local emotional and mental wellbeing services will be integral to the Wakefield Families Together model of working.

The NHS England latest prevalence survey has shown only a modest increase in diagnosable problems since 2004, from 10.1% to 11.2%, however, this overall figure includes concerning rates of mental distress particularly amongst late teenage girls. We also remain vigilant about the levels of self-harm amongst children and young people. Wakefield CCG and partners are working together to understand the extent of this and will use the data to develop appropriate strategies and services.

Where are we now?

The NHS Five Year Forward View for Mental Health set out plans for improving mental health services so that more children and young people will access treatment each year by 2020/21. Access in Wakefield is rising above the national targets set and we are working to improve this even further to ensure we sustain our progress.

Wakefield has high numbers of referrals to a range of emotional and mental well-being services in comparison to our geographical neighbours. However, the early support and intervention approach appears to be having an effect on reducing the numbers requiring more clinical and therapeutic services from South West Yorkshire Partnership Foundation Trust. The early intervention approach includes the work Community Navigators do in primary schools with groups of children. They deliver a self-care and resilience programme called Luggage for Life and this shows marked improvements in the self-reported outcome scores.

Alongside this, the data we have from NHS England shows that we have a relatively high number of young people who are inpatients in specialist mental health units. In Wakefield children and young people remain inpatients for longer than our geographical neighbours with significant numbers waiting for Clinical and Therapeutic Mental Health (CAMHS) interventions over a year.

In September 2019 there were 78 children and young people waiting for a core CAMHS assessment and the waiting time was at 15 weeks. There were 637 waiting for treatment, though some of these have already had a first line treatment plan. We know there is more to do as the longest wait for treatment is currently 68 weeks, although this has been coming down.

In relation to Children in Care, there are active working groups who have developed action plans which aim to improve their experience in relation to their emotional and mental well-being and this has already had an impact within the residential homes in Wakefield where there has been positive feedback from OFSTED. The development of the Enhanced Outreach Team for CIC, which went live in April 2019, means there is now a more responsive support package for CIC and as at August 2019 there were no CIC awaiting assessment, 7 were undergoing assessment and 14 accessing support and treatment from the team. During 2020 the CCG would like to further engage with CIC to review this service and how it can be developed to meet their needs.

Wakefield's model of emotional and mental well-being covers the provision of early help, support and advice to enable children, young people and their families to develop emotional resilience and prevent young people from developing long term mental health problems.

What we are planning to do?

During 2019 there has been agreement for additional investment into the emotional and mental well-being service by expanding the support offer to primary, secondary and colleges which it is hoped will release other resources to reduce the current waiting times and reduce waiting lists in the future. The additional resource will take full effect from October 2019 with a planned reduction of 25% in the numbers waiting for clinical and therapeutic support and interventions by April 2021 and no one waiting for 12 months or more. The Thrive model will be embedded within the local system approach to emotional and mental well-being and in all service developments. Including a transformation in the service model for clinical and therapeutic services.

Whilst we recognise the need to have services which are based on an early help and intervention model, there are children and young people who have periods of escalation in their emotional health. At these times they may need a very responsive service which identifies risk and can support them and their families through a rapid access service and intensive support at home. There has been additional investment into the Clinical and Therapeutic Service to enable this Intensive Home Based Treatment model to be developed and expanded during 2019, with this to be fully available from January 2020. Additional investment will provide a 7 day a week service which will be available into the evenings.

Alongside this there will be improved support to Mid Yorkshire Hospital Foundation Trust for those children and young people who need to attend A&E.

In the Local Transformation Plan, refreshed in October 2019, we will put forward plans to meet identified needs in our model. For example, one gap identified in our provision relates to children and young people who are not in school whether this is due to exclusion, elective home education or school refusal and the needs for specific support for children and young people with ASD, either before diagnosis or afterwards.

There is also an identified gap in the information the children, young people have in the services available and it is recognised that communication with CYP and the wider community needs to be improved so that everyone knows what services are available and how to get help and support. The Future In Mind Emotional and Mental Well-being Pathway will be relaunched and strengthened in the new Local Transformation Plan, after young people identified a lack of awareness on how or where to seek help and support. How young people would like to access information and support is a thread in our ongoing engagement work.

The development of the Future in Mind including clinical and therapeutic services will include a redesign of the Single Point of Access to become the children and young people's Emotional and Mental Well-being Access Point. This will be one point of contact including professionals and self-referral for the whole range of advice and support available to children, young people and their families. This will work together with the future 24 hour all age mental health helpline.

All of the transformation and development work to be undertaken between 2019 and 2021 will be developed as a whole system partnership approach through governance led by the Children and Young People's Partnership Board, Wakefield Families Together and the Primary Care Homes.

How will we know we've made a difference?

Children and young people will build good attachments and relationships with their families and peers leading to them having good emotional wellbeing from the outset. When difficulties remain we will have a joined up multiagency response that enables them to access treatment and support at the right time, in the right setting to ensure they have a positive experience and do not suffer avoidable harm.

Key indicators that will help assure the CYPPB of progress are;

- Children's Health Related Behaviour Survey
- Increased early help support and advice leading to reduction in those children and young people who go on to require Clinical and Therapeutic support and interventions
- Increased investment in services, service redesign and the pathway will lead to a reduction in the numbers of children and Young people accessing Clinical and Therapeutic services and for this to be a smoother transition without a waiting time for both assessment and treatment
- Available and accurate data that will show a reduction in the number of children and young people who access A&E for escalation of need or with episodes of self-harm including incidences of self-poisoning and cutting



PRIORITY AREA: ALL CHILDREN AND YOUNG PEOPLE BENEFIT FROM AN INCLUSIVE EDUCATION AND ARE WELL PREPARED FOR THEIR TRANSITION TO ADULT LIFE

Why this is important

We want all of our children and young people to enjoy their education in good or outstanding schools and settings. We want to ensure schools are providing the right support and are inclusive of more vulnerable groups such as those with special educational needs and disabilities to enable them to achieve their full potential. We know that access to high quality, inclusive education provides the best platform for children to be prepared for adulthood and become economically productive and able to contribute to the communities in which they live.

We also know that not all young people wish to pursue an academic route post-16 so we want to ensure they are provided with information, advice, guidance and support to access training, apprenticeships and other employment options.

We recognise that we need to provide education, training and employment opportunities to those harder to reach groups of young people. We also know that the process of transition can be a vulnerable and stressful time for young people and their families and this can be particularly acute for more vulnerable groups, who may find themselves experiencing social exclusion or unemployment.

Where are we now?

In 2018, 60% of Key Stage 2 pupils met the expected standard in reading, writing and maths, compared to 64% across England as a whole. At Key Stage 4, the average Attainment 8 score per pupil was 43.5, slightly lower than the England average (46.6).

Significant attainment gaps remain for children from disadvantaged backgrounds. At Key Stage 2 in 2018, 40% of disadvantaged pupils achieved expected levels in reading, writing and maths, compared to 64% of non-disadvantaged pupils.

According to admissions data the proportion of school leavers going to university is not far below the national average. Over all age groups, however, the trend in numbers registered in higher education has been fairly static for several years and there remains a marked and widening gap in participation by those from disadvantaged backgrounds. In 2016/17, only 14% of 15 year old pupils eligible for free school meals entered higher education by 19. Across England as a whole it was 26%.

We also know that numbers of children and young people who are on fixed term or permanent exclusions is too high and that this is particularly so for some of our more vulnerable groups such as those with special educational needs. There is much work taking place to help us reduce exclusions and the very real negative impact they have on a young person's life chances.

During 2019 we have been working with ISOS Partnership to hold a series of discussions with Wakefield School Leaders and LA Officers to look into the current offer of support to children at risk of permanent exclusion. These workshop sessions have given School Leaders the opportunity to look at research from a number of Local Authorities across England and shape what a future model in Wakefield could look like. Headteachers from Wakefield took part in discussions in September to further shape these proposals. Over the two sessions we had representation from 33 Primary Schools and 16 Secondary Schools along with representation from all PRU sites.

What we are planning to do?

We are holding a follow up Inclusion Summit in November 2019 to share drafted proposals from the engagement workshops and agree an overall approach and future strategy to tackling exclusions.

We will continue to improve the links between Virtual School and key partners, such as FE Colleges, to ensure effective transition of the year 11 CiC cohort. We will also increase the number of apprenticeships available to CiC, young people with SEND and those who are leaving our PRUs or known to the Youth Offending Team.

 We will continue to embed and develop 'Project Search' across the District with key partners and employers.

- Work will be ongoing to reduce the % of our young people that are NEET across all cohorts (SEND; CiC; Leaving PRU; Young Offenders; FE).
- Improve pupil outcomes at all key transition points (EYFS, KS1, KS2 and KS4/5) to at least be in line with the national average.
- Strengthen links with Community Teams, FE Colleges, the voluntary sector and colleagues in Adults and Regeneration as part of our drive to develop skills based opportunities for our young people.
- Our Local Offer around SEND will continue to be developed, delivered and promoted, ensuring that information, advice and guidance is clear, transparent and accessible across all mainstream schools, PRU's and with parents/carers.
- We will ensure there are strong links between children and adult services to better facilitate a seamless transition to adulthood.

How will we know we've made a difference?

All of our schools will be good or outstanding and we will see a more inclusive approach and find innovative ways to reduce fixed term and permanent exclusions. We know these have negative impacts upon children and young people that go far beyond educational attainment.

Key indicators that will help assure the CYPPB of progress are;

- More young people are supported and encouraged to pursue further education; training; and are supported to gain and maintain employment meaning our percentage of young people who are NEET is reduced to below national average
- Plans written for education, health and care needs are aspirational, with clearly defined outcomes and goals.
- Increase in the number of care leavers who are in education, employment or training
- Narrowing achievement gap between disadvantaged pupils and all others which will lead to more pupils from vulnerable groups achieving to their potential
- Children's health related behaviour survey reports significant improvement in key areas of health and well-being

- More children will receive a high quality education, with all Wakefield schools rated 'good' or 'outstanding' by Ofsted.
- More young people encouraged and enabled to attain the qualifications they need at age 16 and 18.
- Reduction in the number of fixed term and permanent exclusions
- More young people in secondary school who receive Special Educational Needs support, within school, or have an Education Health and Care Plan make good progress
- Through working with partners and wider employers the increase seen in the number of apprenticeships and good quality employment opportunities across the district

REVIEWING OUR CHILDREN AND YOUNG PEOPLE'S PLAN

Our Children and Young People's Partnership Board will routinely monitor and review the performance measures we have chosen, to provide both quantitative and qualitative assessment as to whether we are positively impacting outcomes for children and young people against our chosen priority areas.

The Board will have a clear timetable for meetings to ensure dedicated time for each of the four Priority areas enabling us to frequently assess progress. This will be supported by an Outcomes Framework, highlighting some of the key performance measures that will illustrate our progress in quantifiable terms. At the end of each year the Board will produce an annual report to report, with commentary from priority leads, on progress and inform the work going forward into the next 12 month period.

The report will bring together information on the following:

- Position with each of the core priorities (and cross cutting themes as relevant)
- Progress against identified key performance measures
- Outcomes of any participation and engagement activity
- Notable partnership and service achievements and challenges
- Outcomes and key learning points from relevant external inspection and audit
- Progress made, as reported through WTE, on meeting our commitment to the Children's Promise

As part of the process to develop the report an annual development/review session may take place through the Board arrangements, this will provide the Board with the opportunity to:

- Reflect on progress, including barriers
- Revisit actions are they having the impact?
- Consider wider strategic context e.g. any significant changes to policy/population/needs that necessitate a change in focus?

Annual reports will be published online alongside partnership plans and ensure that progress against the plans is transparent.



GOVERNANCE AND OVERSIGHT

Oversight and governance for the plan will be through the CYPPB which will meet on a bi-monthly basis through the year. Terms of reference for the board set out purpose, responsibilities and membership. There is also a Memorandum of Understanding which shows the links/relationships to other boards and strategic groups. This will ensure the effectiveness of the board is maintained and the right priorities and actions are sitting in the right forums where timely and appropriate decisions can be made.

The following chart shows a simplified infrastructure for some of the key boards and operational groups and as such is not exhaustive. Whilst the Wakefield Together Executive retains an overall vision for the whole partnership arrangements it does not directly hold boards to account rather it provides the principles under which boards will choose to operate. The CYPPB is also mandated by the Health & Wellbeing Board to lead on those health related priorities relating to children and young people.

